



## **Protect Your Space and Wellbeing on Instagram**

Description: For some of us, accessing the supportive and fabulous communities we deserve can be hard to do offline. That's why Instagram can be a great place to engage with LGBTQ inclusive and life-affirming content and communities.

Link: <https://bit.ly/3KjGpH0>

## **The Coming Out Handbook**

Description: Explore what coming out means to you with tools and guiding questions.

Link: <https://bit.ly/3PZgmWR>