



**SUICIDE
PREVENTION
&
AWARENESS
RESOURCE TOOLKIT**

with a special focus on honoring
Hispanic Heritage Month & Deaf Awareness Month



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SUICIDE PREVENTION AND AWARENESS

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*All data and links were accurate at the time of publication, but may change over time.



SUICIDE PREVENTION & AWARENESS

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INTRO



In recent years, the number of children aged 0-17 in Georgia who visited emergency rooms for reasons related to suicide more than doubled. Additionally, more than 73,000 Georgia students in grades 6-12 reported having seriously considered suicide within the past year. Overall, suicide remains a leading cause of death in Georgia's youth under the age of 18. These numbers highlight a growing concern, they also serve as a reminder that every conversation, every act of support, or every moment of listening has the potential to positively impact a young person's life.

September is **National Suicide Prevention Month** — a time for communities to come together, break stigma, and share resources. It also marks **Deaf Awareness Month**, International Week of Deaf People (Sept. 22 – 28), and the beginning of **Hispanic Heritage Month** (Sept. 15 – Oct. 15). This month's toolkit promotes all three important observances. We hope this toolkit empowers you, your peers, and/or the young people in your life to speak openly about feelings, listen without judgment, and connect to the resources and people around you.

***All data and links were accurate at the time of publication, but may change over time.**

FOR URGENT SUPPORT TEXT OR CALL 988

FOR EVERYONE



988 is the three-digit number for the National Suicide & Crisis Lifeline. You can call or text it anytime for support with mental health crises, thoughts of suicide, substance abuse issues, or general mental health support. Assistance is provided 24 hours a day, 7 days a week.

988
LIFELINE

If you need to talk, the 988 Lifeline is here.

At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone.

Call

Text

Chat

Deaf/HoH

ACTION:

Store the number 9-8-8 in your phone and go to 988ga.org for additional information. Their website provides enhanced accessibility options, including additional languages offered, materials for the Deaf and Hard of Hearing, veteran resources, and more.



FOR URGENT SUPPORT TEXT OR CALL 988

FOR EVERYONE

SPANISH-LANGUAGE SUPPORT



Did you know that the National Suicide & Crisis Lifeline is available in Spanish? According to their website, "988 Lifeline offers free services in Spanish 24 hours a day, 7 days a week. You don't have to speak English for help."

LÍNEA 988

Línea 988 de Prevención del Suicidio y Crisis

En la línea 988 de prevención del suicidio y crisis, entendemos que los retos de la vida a veces pueden ser difíciles. Independientemente de que se enfrente a problemas de salud mental, angustia emocional, preocupaciones por el consumo de alcohol o drogas, o simplemente necesite a alguien con quien hablar, nuestros amables consejeros están aquí para ayudarte. No estás solo.

Llama Textea Chatea

ACTION:

Access Spanish-language information about 988 at <https://988lifeline.org/es/servicios-en-espanol/>



FOR URGENT SUPPORT TEXT OR CALL 988

FOR EVERYONE

D/HOH SUPPORT



The 988 line offers specific teletypewriter (TTY) services and videophone support for individuals who are Deaf and Hard of Hearing (D/HoH).

988
LIFELINE

Deaf, Hard of Hearing, Hearing Loss

Our crisis contact centers offers many services for people who are Deaf and Hard of Hearing, including veterans.

Call

Text

Chat

Deaf/HoH



9



8



8



ACTION:

Access D/HoH support
information at
[https://988lifeline.org/
deaf-hard-of-hearing-
hearing-loss/](https://988lifeline.org/deaf-hard-of-hearing-hearing-loss/)



FOR URGENT SUPPORT TEXT OR CALL 988

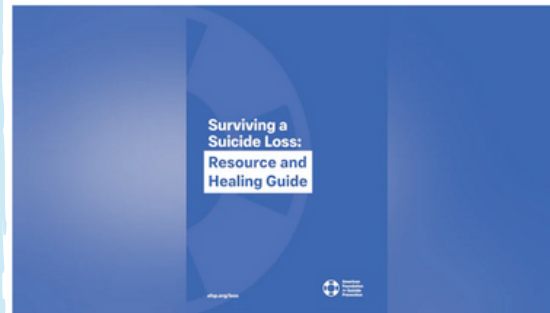
FOR YOUTH



The American Foundation for Suicide Prevention (AFSP) provides resources for youth navigating suicidal thoughts, supporting friends, or grieving a loss.

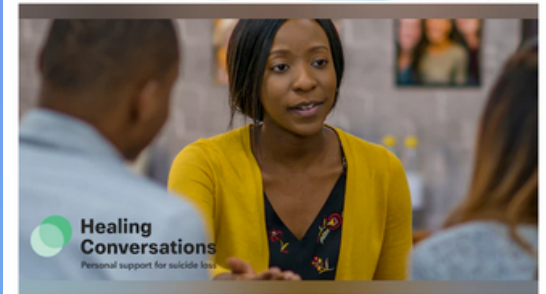
ACTION:

Access youth-focused tools and guidance at AFSP Youth Resources



Surviving a Suicide Loss

Our Resource and Healing Guide that provides information about coping with loss, the survivor loss community, and resources to help with your journey.



Healing Conversations: Personal Support for Survivors of Suicide Loss

Healing Conversations gives survivors of suicide loss the opportunity to speak with volunteers, who are themselves loss survivors.



Niños, adolescentes y pérdida por suicidio

View the booklet Children, Teens and Suicide Loss



FOR YOUTH

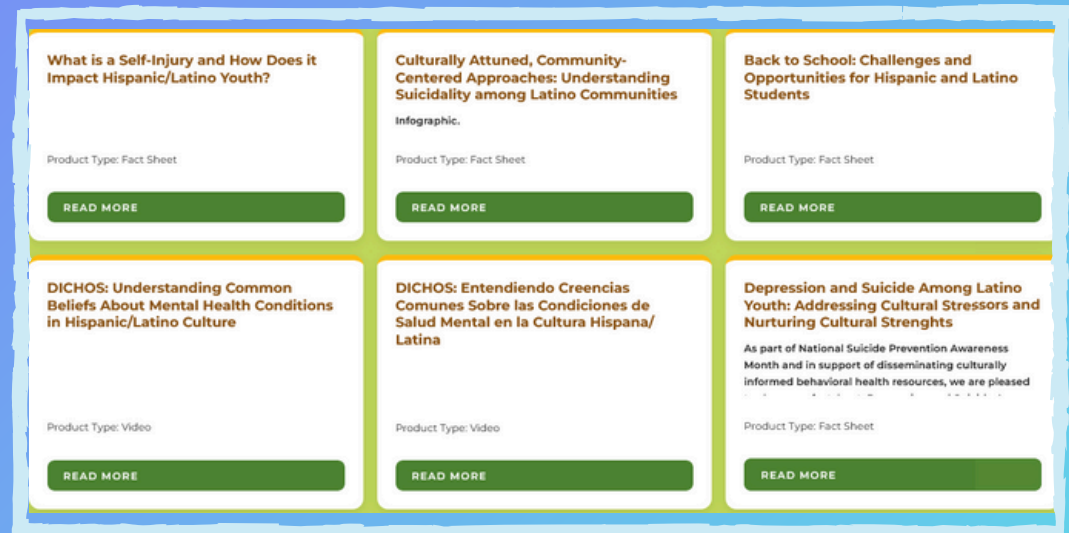
SPANISH-LANGUAGE SUPPORT



The Hispanic/Latino Behavioral Health Center of Excellence's Mental Health website offers culturally responsive educational materials, webinars, and trainings to support mental health care for Hispanic and Latino communities. It emphasizes the importance of understanding social, biological, and psychological influences on well-being. Several offerings are designed specifically for young people, including suicide prevention tools.

ACTION:

Explore their page
to find youth-
focused resources
that support your
well-being.



FOR URGENT SUPPORT TEXT OR CALL 988

FOR YOUTH

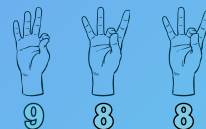
D/HOH SUPPORT



Signed by Stories presents a powerful video, "Young Adult Perspectives on Suicide: Empowering Youth To Take Action", highlighting the mental health crisis facing youth who are Deaf and Hard of Hearing and the gaps in available support.

ACTION:

Watch as young advocates share their lived experiences and push for change for the deaf community.



FOR URGENT SUPPORT TEXT OR CALL 988

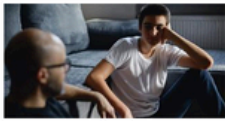
FOR PARENTS & CAREGIVERS



Suicide is a difficult topic, but it's too important to ignore. Suicide prevention starts with recognizing the warning signs — especially for caregivers and adults who support youth.



Suicide warning signs



Talking to teens: Suicide prevention



Struggling with thoughts of suicide?



Coping after suicide loss



Black youth affected by trauma exposure

Funding cuts could "continue to foster the cycle of trauma, suicide, and substance use among Black youth"



Company response to employee suicide matters

Canadian Journal of Behavioural Science best practices for company response to employee suicide



APA On Location

In-person continuing education workshops traveling to cities across the country



How schools can save lives

In this issue of APA Journals Article Spotlight in Clinical Psychology: Science and Practice, Kiran et al. examine the impact of effective suicide prevention programs in schools.

ACTION:

Learn to identify risk and intervene early with these resources from the American Psychological Association.



FOR PARENTS & CAREGIVERS

SPANISH-LANGUAGE SUPPORT



Ser Familia offers counseling services, peer programs, and other mental health services for Spanish-speaking families around metro Atlanta. They have locations in Smyrna, Kennesaw, Norcross, Lawrenceville and College Park.

Programs That Enrich Latino Families

Ser Familia offers a variety of programs that help Latino families develop stronger bonds and nurture their potential. The purpose of our programs is to have Latino children, youth, and adults thrive and become constructive members within their communities.

Couples Programs

Through workshops and retreats we help couples improve their communications skills, recover confidence in each other, and regain mutual respect.

[LEARN MORE](#)

Youth Programs

Our youth-led workshops provide practical tools that empower Latino teenagers, help them improve their communication with family members, resist peer pressure, and prevent risky behavior.

[LEARN MORE](#)

Programs for Parents

We offer evidence based parenting programs, including the internationally renowned Triple-P Positive Parenting Program, which is geared to prevent violence within the home and help parents manage early behavioral issues.

[LEARN MORE](#)

Family Programs

Our nationally-recognized training program can significantly reduce problematic behaviors, prevent delinquency and drug abuse in children, and improve social competencies and school performance.

[LEARN MORE](#)

Cultural and Linguistic Proficiency

NEED DESCRIPTION FOR THIS ONE

[LEARN MORE](#)

Domestic Violence

Our Georgia Latin@s against Domestic Violence programs provide support for providers and survivors, by offering educational programs and advocating for survivors of domestic violence. Ser Familia doesn't work alone. Here are some of our partners that help us to build a thriving community...

[LEARN MORE](#)

Counseling Services

Ser Familia is pleased to offer children, adolescents, couples and families in general, the services of an experienced and licensed professional counselor. We offer individual therapy for adults and children (10 and older), couples therapy, and family therapy.

[LEARN MORE](#)

ACTION:

View a complete list of Ser Familia's programs that help Latino families thrive at <https://serfamilia.org/what-we-do/>



FOR URGENT SUPPORT TEXT OR CALL 988

FOR PARENTS & CAREGIVERS

D/HOH SUPPORT



The Georgia Center of the Deaf and Hard of Hearing (GCDHH) provides programs including ASL classes, youth support, mental health outreach, and more throughout Georgia.



ACTION:

Explore their services
and resources at
www.gcdhh.org



FOR URGENT SUPPORT TEXT OR CALL 988

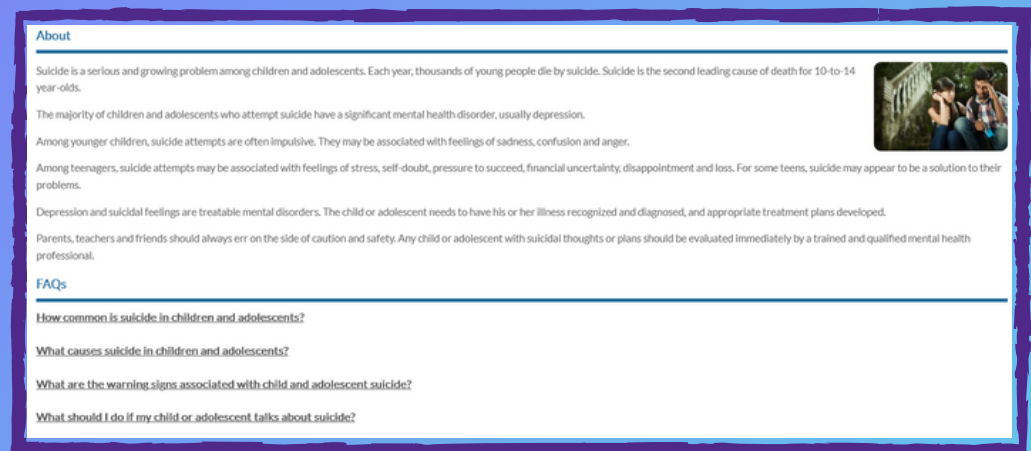
FOR EDUCATORS & PROFESSIONALS



The American Academy of Child and Adolescent Psychiatry provides a Suicide Resource Center, featuring dedicated tools for schools and clinicians aimed at suicide prevention, intervention, and education.

ACTION:

Click the drop-down menu on their [webpage](#) to explore videos, clinical resources, training, and more.



Suicide Prevention:

- [HB 198 Jason Flatt Act](#)
- [State Board Rule 160-4-8.19 - Training Requirement](#)
- [GaDOE Suicide Prevention Model Policy](#)
- [Crisis Text Line](#)
- [Support for Survivors of Suicide Loss](#)
- [Support for Survivors of Suicide Loss - Resource List](#)
- [Suicide Prevention: It's Not That Simple](#) [ppt](#)
- [Teen Dating Violence, Trafficking, and Technology](#) [ppt](#)
- [Teen Dating Violence, Trafficking, and Technology Resources](#)
- [Residential Treatment Facilities](#) [ppt](#)
- [Hope Givers](#)

[Suicide Prevention Videos](#)

BONUS ACTION:

The [Georgia Department of Education's Student Health & Wellbeing page](#) offers suicide prevention resources and support tools.

FOR URGENT SUPPORT [TEXT](#) OR [CALL 988](#)

FOR EDUCATORS & PROFESSIONALS

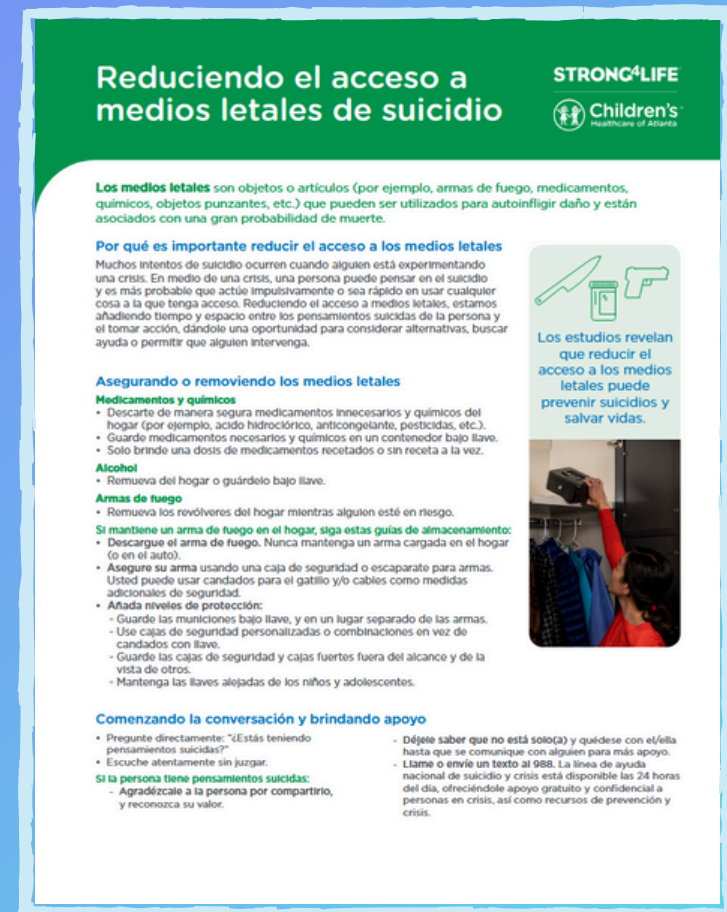
SPANISH-LANGUAGE SUPPORT



Children's Healthcare of Atlanta's Strong4Life campaign created a "Reducing Access to Lethal Means of Suicide" factsheet, which offers guidance for families and caregivers on how to limit access to potentially deadly items — like firearms and medications — during a mental health crisis.

ACTION:

Explore the factsheet available in Spanish, to learn more.



FOR EDUCATORS & PROFESSIONALS

D/HOH SUPPORT



The Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) offers culturally and linguistically responsive mental health services for individuals who are Deaf and Hard of Hearing.

ACTION:

Professionals can refer, partner, or inquire about ASL-fluent care through the DBHDD Office of Deaf Services.



BE UNDERSTANDING

Do you need ASL Services or an ASL Interpreter?

Contact us to facilitate accommodations for individuals who are deaf, hard of hearing or deaf-blind.

Intensive Residential Treatment Substance Abuse Services for Deaf and Hard of Hearing

DBHDD, via a contract with Caring Works, Inc., provides ASAM Level III.5 Intensive Residential Treatment services for deaf and hard of hearing individuals with substance use disorders. The program is staffed by individuals who are ASL Fluent and clinically prepared to provide treatment.

To make a referral to this program, please contact Caring Works, Inc.

DBHDD's Deaf Services

For access to ASL Behavioral Health Clinical Support Services statewide, contact our community-based partner Avita.

[CONTACT AVITA](#) →



FOR URGENT SUPPORT TEXT OR CALL 988



QUESTIONS? CONTACT

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