

Youth

EMOTIONAL LITERACY

Daniel Tiger's Grr-ific Feelings

Description: Children can play, sing, and learn about all kinds of feelings with their friend and neighbor Daniel Tiger from the hit PBS KIDS series, Daniel Tiger's Neighborhood.

Link: <https://to.pbs.org/3wojzIc>

Advice for Kids

Description: Speaking up about struggles can feel scary, but it doesn't have to be. These tips can help you get the conversation started.

Link: <https://bit.ly/3R1ugII>

Meet Little Monster

Description: Color inside and outside the lines, try new color combinations and try out the brain teasers! This activity book is great for a solo coloring activity, but it's even more fun in groups. Practice asking for help and advice, just like Little Monster!

Link: <https://bit.ly/3AI2NXe>