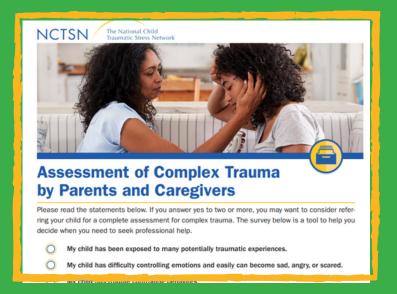
PTSD Resources for Parents, Teachers, & Providers

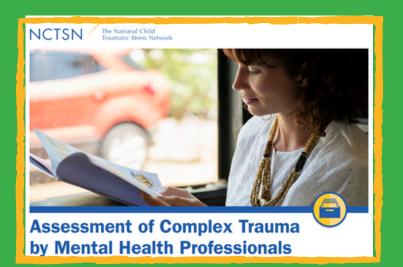


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Providing Psychological First Aid: Teachers

During an emergency, your primary responsibility is the safety and welfare of you and your stude classes resume, you may feel the need to return to academics quickly. However, to best promote recovery and to help students return to their pre-crisis ability to concentrate and function academ sure to talk to them about the recovery process and address any safety concerns. You may want classroom curriculum temporarily, take extra time to cover certain material, or postpone possibly subject matter. Below are suggestions on how to implement PFA-S.

PFA-S Core Action 1: Contact and Engagement

Take the Initiative: Students may withdraw or have other difficulties recovering from the crisis a help. Actively reach out to students, especially those you have a good relationship with. If they a to talk with you, seek out another staff member who may be able to help. Speak in private if you discreet.

Seek Consultation: It is impossible to prepare for every scenario that may occur or every conce may have. Consult the school's mental health professional or have him/her visit your class to giv and answer students' questions.

PFA-S Core Action 2: Safety and Comfort

For Providers Click here to learn more!